

INFINITY

November



INFINITY  
EARLY COLLEGE HIGH SCHOOL

# Finish Strong

**BY: Mrs. Sykes**

You're not just an average high school student walking aimlessly through life.

You are an Infinity Knight. You aren't here by accident. You're here on purpose for a specific purpose. Be intentional with your decisions. Be intentional with your actions. Be intentional with your time. Be intentional with developing your purpose in the last quarter.

We're only a couple of months away from a brand new year. Many are already planning for 2020.

New dreams.

New goals.

New hopes.

Planning ahead is important, but remember there is no time like the present. The time is now!

It's the last quarter of 2019. You still have time left in this quarter to reevaluate goals and overcome obstacles. I challenge each of you to use the remainder of 2019 to **FINISH STRONG!**  
TCOB!

Mrs. Sykes



# Lone Star College Events

All Month	Men's Center Toys For Tots Toy Drive	SCC 234
Nov 4, 10:30-12:30	Voter Registration	LIB Patio
Nov 7, 12:30-1:20	Open Mic Poetry	APA 110
Nov 9	Battle on 59	Randall Reed Stadium
Nov 19, 7:30 PM	Symphonic Band & Jazz Ensemble	MUS 101
Nov 21, 12:30-1:20	World Food Fair	Big Quad



# Self Help

**By: Adamaris Garcia**

*I feel overwhelmed because of all the work I have from all my teachers here in IECHS. How can I not feel this way?!*

Being here in IECHS requires working hard (from my personal experience), feeling overwhelmed is a usual feeling everyone goes through. What I can tell you is to relax and let go of all your stress by doing something that calms you down and lets you refresh your brain.

Having lots of work to do is very overwhelming, I recommend you try to get organized and have power over your time management because these are the things you have to have control over when having lots of work to do. I hope this helped you and made you feel confident about yourself! :)

Please Contact Me with any advice you would like to receive

**Adamaris Garcia Guzman**

**[a.garciaguzman@mynewcaneyisd.org](mailto:a.garciaguzman@mynewcaneyisd.org)**



# How Has Infinity Evolved

By: Genesis Bones

Infinity has been around for a while now, (6 years to be exact!) and since day one Infinity and its teachers have been growing. Every teacher has faced their own challenges while being here. Rather they've been here for the full 6 years or only 1. I emailed some of the teachers that have been here since day one and asked for their personal experience.

One of the teachers that I emailed was Mr. Jimenez. "Since I work at Infinity, I have increased my appreciation for my students. Now I am more eager to push them to accomplish their goals." and they have also faced challenges themselves. "When I worked part-time at TLC and part-time at Infinity, it was quite a challenge for the first year teaching at Infinity. I have to travel to The Learning Center in the afternoon and leave my students at the Annex so they could finish my assignments. Of course, more challenges have appeared over the years, but I always overcome them."

Another one of the other teachers I emailed was our health teacher, Mrs. Carnahan. "Before coming to Infinity I had no experience teaching K-12 students. I was a genetic researcher and had taught genetic laboratory classes while obtaining my

degree at Texas A&M, so my overall teaching experience was limited. The growth I have gone through as a teacher here has been tremendous. That growth continues every year. I'm constantly learning something new as a teacher." and "One of my greatest challenges was that first year. I was new to everything, including teaching in a high school classroom. It required long days and nights of constant work building my class material that first year. I had no other teachers to help me as I was the only science teacher at the time. My third year was also difficult. I had a lot on my plate that year. I was teaching half the school, teaching another new course (a college course) which required even more time to build than the freshman biology course did, I was UIL coordinator and coach, as well as Interact sponsor. To top it off, I had a brand new baby at home (so I was always tired!). Through all the challenges I have faced, though, I have found the best way to face them is just to take things day-by-day. Before you know it, you've worked through the challenge and become a better, stronger person for it."

# How to get your life together: Mental health

Emma Mayfield

Let's get real- the Early College experience can be overwhelming. We Knights are getting a unique high school experience, something that few people understand. This is why it is so important to know how to handle stress, which can be the difference between success and failure. Infinity has an amazing support system and so many wonderful teachers who want to help students, and when this is combined with proper releases of stress and prevention, we can succeed individually, and as a whole school.

To begin, you must release negative stress. In order to truly thrive, you have to "pull the weeds by the roots," so to speak. You must solve the underlying issues causing the stress, such as anxiety or poor time management. For the former, it's important to take small brain breaks in between classes and on the weekends.

The latter can be solved by planning. So, if you don't have a planner, get one. Just seeing daily, weekly, and monthly deadlines can help you stay on track. The most difficult part though is the follow through.

Self-discipline doesn't come naturally; it is a practice. As difficult as it sounds, just do the work. Do the work! Nothing that you don't have to work for will be worth accomplishing. Turn off the TV, put away your phone

and get started.

Once you get the stress minimized, it needs to be kept down- bad stress that is. There are two types of stress: eustress and distress. Distress causes anxiety and worry. Some people become unmotivated and depressed.

To avoid this, you have to continue learning self discipline; use your planner, and follow the plans you make for yourself to the T, if possible.

Conversely, you can use eustress as fuel for wanting to work. Eustress is perceived in the brain as excitement. When you're learning something new and challenging, you can either be excited or nervous, choose excitement, and choose to learn.

In conclusion, reducing distress can be difficult, but when you get serious, and work hard, you can reduce it significantly. It is so important that everyone knows how to handle distress and use good stress to propel you.

When we get real about the pressure of early college, we can avoid overwhelming stress, and instead overcome.

# *“Davis Poor Man Meal”*

**By: Denisse Rivera**

## **“Davis Poor Man Meal”**

### **Ingredients:**

**Zumo Link Sausage**

**1 can of ranch style beans**

**White rice**

**Cut broccoli spares ( frozen )**

**One box of Kraft Mac and Cheese**

### **Directions:**

**Slice the zumo sausage links into thin disks. Fry them in a pan.**

**Pour can of beans into the same pan**

**Cook White rice in separate pot, and cook broccoli in another separate pot**

**Take a plate and create a bed of rice**

**Spoon link sausage and bean mixture over the rice**

**Spoon broccoli all over it**

**Take packet out of Kraft mac and cheese and sprinkle it over everything.,k**

**This became Mr. Davis’s favorite meal because it’s good also, because it brought him closer to his family. There was a time in his life where his family was extremely financially destitute. One day there wasn’t any food in his home, they had to turn to his sister's coin collection to have dinner one night. With the coins they had, they were able to buy what was needed to make this meal as well as have food to eat. Which is why he calls it, “Davis Poor Man Meal.”**



# SCHOOL CLUBS

EMILY Zavala

INFINITY HAS A VARIETY OF CLUBS AS KNOWN TO THE SCHOOL. ALL OF THE CLUBS ARE DIFFERENT IN THEIR OWN WAY IN WHICH THEY PROVIDE FOR THE STUDENTS A PLACE WHERE THEY ARE COMFORTABLE WITH BEING THEMSELVES. INFINITY'S CLUBS RANGE FROM CRAFTING TO SPORTS FANATICS. WE HAVE A CRAFTING CLUB, WHERE STUDENTS CAN RELAX AND CRAFT SOME COOL THINGS WHILE INTERACTING AND MAKING NEW FRIENDS. FOR SPORTS, WE HAVE SOCCER CLUB WHERE STUDENTS CAN ENJOY BEING THEMSELVES AND MAKING FRIENDS PLAYING A QUICK SOCCER GAME IN THE MORNING. IN THE UNITY AND DIVERSITY CLUB, THE PEOPLE CHOOSE TO SPREAD DIFFERENT CULTURES AROUND THE SCHOOL MAKING EVERYONE FEEL LIKE THEY BELONG. IN DEBATING CLUB, PEOPLE CAN MAKE FRIENDS WHEN DISCUSSING TOPICS AND GIVING THEIR OPINIONS, LETTING THEM KNOW THAT THEY HAVE A SAY. THE CLUBS AT INFINITY OFFER GREAT OPPORTUNITIES TO MAKE FRIENDS AND TO LEARN NEW THINGS. IT GIVES YOU A PLACE TO BE YOURSELF AND FIND NEW HOBBIES DURING SCHOOL AND AROUND NEW PEOPLE.





# **Mickey Mouse's Birthday**

**By: Natalie Ruiz**

On November 18, 1928 a lovable mouse was born that was once a rabbit named Oswald. The people who owned Universal Studios didn't agree with Oswald. The Disney Bros. Studio decided to leave both the studio and Oswald to create a better character.

As the Disney Bros. kept on creating new characters, they continued to struggle to find what they wanted. Until November 18, 1928 when Mickey Mouse was born and became a star. His first animation was "Steamboat Willie" in New York. Within day's Mickey Mouse became well known in New York. Within a couple of years Mickey Mouse Club was created in Oregon.

In 1935 the animator Fred Moore gave Mickey a makeover similar to what he's known today, including the big eyes, white gloves, and his accessories. "I think he's very adorable with all his accessories." (Jamee) He was more lovable than ever and became a big part of kids lives. "He made me feel happy and I had a fun time watching him when I was a little girl." (Leslie) One of the main reasons why kids were attracted to Mickey Mouse was his catchy song lyrics. "It was fun to listen Mickey's songs." (Zara) Even though Mickey is getting older each year he is still a big part of many kids lives.

**"MICKEY MOUSE BIRTHDAY - November 18."**

# Volleyball ?

## Valerie Velasquez

Infinity should have a volleyball team. As many people can see (or relate to) Infinity can cause a lot of stress because there are many assignments and homework. Adding volleyball could be a place to relieve stress and give students something to look forward to. Now you might think that this will distract students from school, but students would need to manage a passing grade to be eligible to participate. This would make students want to pass their classes. We have a cross country team, why can't we have other sports? Now what about budgets? We could make fundraisers, we could group up with people who want a volleyball team and create an event to save up money for a volleyball team. Now of course people would need to try out. It would be really fun if we had a volleyball team and played against other schools. Other students from infinity would enjoy watching the games and be into the games.

I asked students "should we have a volleyball team and why/ why not" Here's what they said

Katherine Munoz: "Yes, because it can relieve stress from school"

Allison Andrade: (freshman class president) "I think that this would be a great idea because I can tell that many students enjoy playing volleyball and it would benefit the students physically and emotionally."

According to Ms Beal this is why we don't have a volleyball team.

"As a former coach, I understand the importance that athletics can play in a person's life. With that said, I also understand the necessary work required to be successful at Infinity. I am not in favor of having a volleyball team because of many reasons. The one main reason that I will touch on is the time commitment. Volleyball has multiple off campus tournaments and that would mean students would miss college courses and that can not happen. While I know sports at Infinity sounds "attractive," I think we should really embrace the purpose of IECHS and that is to ascertain [acquire] an Associates Degree while in high school."

# **Puzzle**

By: Dean Van

Email Mrs. Kelley  
with a screenshot  
of solved puzzle  
for a prize.



THAT'S THE WAY IT IS

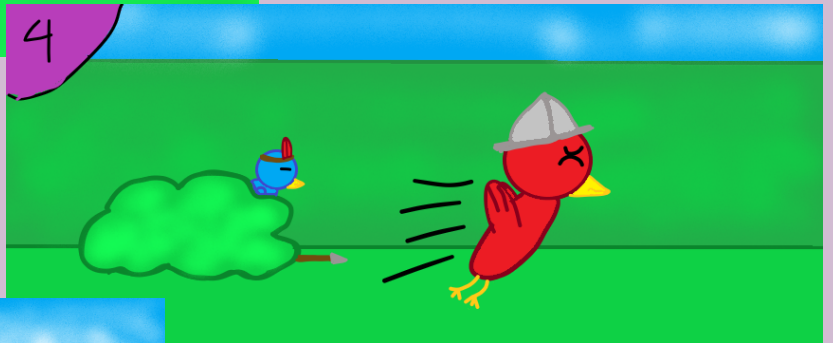
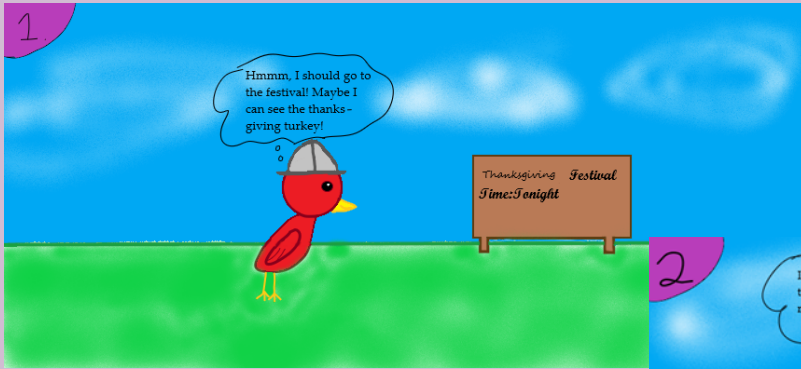


# Red Ribbon Week





# Bailie's Comics



# The Purple Press

**SPONSOR: ANDREA KELLEY**

**(AKELLEY2@NEWCANEYISD.ORG)**

**EDITOR: JAMISON ROBINSON**

**(J.C.ROBINSON1@MYNEWCANEYISD.ORG)**

**CO-EDITOR: DEAN VANN**

**MEMBER: EMMA MAYFIELD**

**MEMBER: ADAMARIS GARCIA**

**MEMBER: VALERIE VELASQUEZ**

**MEMBER: BAILIE ORTEGA**

**MEMBER: EMILY ZAVALA**

**MEMBER: NATALIE RUIZ**

**MEMBER: DENISSE RIVERA**

**MEMBER: LEO TOPASNA**

**MEMBER: GENESIS BONES**



**INFINITY**

**EARLY COLLEGE HIGH SCHOOL**